

Louise Hewett RGN

Reflexology & Massage

IIHT diploma in Reflexology

IIHTT diploma in Indian Head Massage

IHBC Body Massage Certificate



Reflexology

45 – 60 minutes £ 40

Reflexology is a complementary therapy which works on the feet, helping the body to completely relax, encouraging the body to work naturally to restore its own healthy balance allowing it to heal and repair.

Please book directly with Louise, ideally 2 weeks in advance.

All treatments can be provided either in your property or in the multi-room, to suit you.

Indian Head massage

20 minutes £ 30

This massage will help reduce stress; it is good for headaches and tension in the shoulders

Back Massage

30 minutes £30

Full Body Massage

60 minutes £45

These massages help relaxation, reduce stress, and aid circulation, muscle tone and the skin.

To book an appointment or to discuss treatments please call Louise on 01507 605409